

Level 4 Thai Yoga Massage Intensive

May 23, 2010

CE: 8 contact hours (9:00 am - 6:00 pm)

Prerequisites: Thai Yoga Massage Level 3, giving a 90-minute session to the instructor, logging 10 practice hours.

Course Description:

In this one-day intensive workshop, participants will learn 25 additional poses of the 180-pose series. Participants will continue to build sensitivity in their feet and integrate the poses more smoothly into a sequence that comprises a 2 1/2 - 3 hour session. Poses in this level address the lower back, hips, head, neck, and face.

The course will have demonstration and hands-on components. Class size is limited, thereby offering the opportunity for more individual attention and instructor feedback. Participants will receive a Certificate of Completion for 8 NCBTMB, THAI, NCCAOM, and Yoga Alliance CE hours.

Instructor:

Eric Spivack, LMP/Dipl.Ac. is a Thai massage instructor who has studied with master teachers in Thailand and holds certificates from several Thai institutions. Eric is both a nationally certified massage therapist and acupuncturist, as well as, a certified Viniyoga instructor. Eric graduated from the Brian Utting School of Massage in 1994 and received a Master of Acupuncture degree from the Northwest Institute of Acupuncture and Oriental Medicine in 2002. Prior to studying massage and acupuncture, Eric earned a master's degree in Environmental Science in 1992.

He has been in practice for over 15 years, has been teaching continuing education workshops for over 13 years, and is an approved provider with NCCAOM, NCBTMB, and THAI. He is considered a fun and attentive instructor with a deep passion for his work.

Location:

The Yoga Den * 514 - 12th Ave, Suite B * Seattle * WA * 98122

Fees, Registration and Deadlines:

\$250 when registered and paid in full 2 weeks prior to the workshop; \$280 thereafter.

Cancellation, Deposits and Refund Policy:

A \$100 non-refundable deposit is required to reserve your place in the class. If you cancel with less than two weeks notice, your tuition will be forfeited. In the event the workshop is cancelled by the instructor, a 100% refund will be issued.

Registration Form

**Level 4 Thai Yoga Massage Intensive
May 23. 2010**

Name _____

Address _____

City _____ State _____ ZIP _____

E-mail: _____

Phone () _____ - _____

Please enclose your check made payable to 'Eric Spivack' and mail along with completed form to:

Eric Spivack
2119 17th Avenue South
Seattle, WA 98144

Phone: 206.726.1785
Email: Eric@SoaringCraneMassage.com