

## Level 2 Thai Yoga Massage Intensive

October 24, 2010

CE: 8 contact hours (9:00 am - 6:00 pm)

Prerequisites: Thai Yoga Massage Level 1 and receiving a 90-minute Thai massage from the instructor.

### Course Description:

In this one-day intensive Level 2 workshop, participants will review Level 1 material and learn to skillfully integrate 25 intermediate level poses into a sequence that comprises a 1 1/2 - 2 hour session. Level 2 material includes poses in the prone, side-lying, and seated positions. The theory and location of the Sen energy pathways will be taught and discussed.

The course will have demonstration, and hands-on components. Participants will receive a Certificate of Completion for 8 NCBTMB CE hours. Class size is limited, thereby offering the opportunity for more individual attention and instructor feedback. Participants will receive a Certificate of Completion for 8 NCBTMB, THAI, NCCAOM, and Yoga Alliance CE hours.

### Instructor:

Eric Spivack, LMP/Dipl.Ac. is a Thai massage instructor who has studied with master teachers in Thailand and holds certificates from several Thai institutions. Eric is both a nationally certified massage therapist and acupuncturist, as well as, a certified Viniyoga instructor. Eric graduated from the Brian Utting School of Massage in 1994 and received a Master of Acupuncture degree from the Northwest Institute of Acupuncture and Oriental Medicine in 2002. Prior to studying massage and acupuncture, Eric earned a master's degree in Environmental Science in 1992.

He has been in practice for over 15 years, has been teaching continuing education workshops for over 13 years, and is an approved provider with NCCAOM, NCBTMB, and THAI. He is considered a fun and attentive instructor with a deep passion for his work.

### Location:

The Yoga Den \* 514 - 12th Ave, Suite B \* Seattle \* WA \* 98122

### Fees, Registration and Deadlines:

\$250 when registered and paid in full 2 weeks prior to the workshop; \$280 thereafter.

### Cancellation, Deposits and Refund Policy:

A \$100 non-refundable deposit is required to reserve your place in the class. If you cancel with less than two weeks notice, your tuition will be forfeited. In the event the workshop is cancelled by the instructor, a 100% refund will be issued.

**Registration Form**

**Level 2 Thai Yoga Massage Intensive  
October 24. 2010**

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone (     ) \_\_\_\_\_ - \_\_\_\_\_

Please enclose your check made payable to 'Eric Spivack' and mail along with completed form to:

Eric Spivack  
2119 17<sup>th</sup> Avenue South  
Seattle, WA 98144

Phone: 206.726.1785  
Email: [Eric@SoaringCraneMassage.com](mailto:Eric@SoaringCraneMassage.com)